



Wound Care Following Cryotherapy

What should I expect?

- The treated area may sting or burn for 10-15 minutes following treatment. After that, the area may feel sore for 1-2 days. You may take an over the counter pain reliever such as acetaminophen (Tylenol) or ibuprofen (Motrin, Advil) every 6 hours as needed for pain.
- The site will become pink, red, and swollen soon after treatment and may look worse 2-3 days following treatment. It is not uncommon to develop a blister or scab.
- The scab will most likely fall off 1-2 weeks after treatment leaving a pink area behind. The color and texture of this area will gradually improve over time.

What should I do?

- You may gently wash the area with soap and water while in the shower. Do not rub or aggressively wash the treated site.
- Allow the scab and blister to heal on their own. They may act as sterile bandages so it's best not to disturb them.

When should I call you?

- If you have any other questions or concerns, please call. We know this can be a scary and uncomfortable experience, we want to be there to support you.

Who do I contact with questions?

- During regular office hours, please call us at 215 390-1449.
- For urgent matters during evenings, weekends, or other times that the office is not open, please call Dr. Perlis on his mobile phone.
- For non-urgent matters, you may also reach us by e-mail at nursing@keyderm.com